





Jewish Genetic Health Challenges: What's a Rebbetzin to do?

Educate yourself about Jewish Genetic Health challenges and solutions (via lectures, brochures, and Web-based resources). Check out our online education series at www.GeneSights.com

Remind your congregants to go for carrier testing for those diseases that can affect their offspring (e.g., raise the topic in kallah classes) and to <u>update</u> their carrier testing before future pregnancies.

Recognize that there are many types of diseases that can have a Jewish genetic component (e.g., breast and ovarian cancer). It's not just Tay-Sachs!

Offer support, but know when and where to refer when the issue is out of your comfort zone.

Be a long-term **listening ear** to those families who have faced/are facing genetic issues.





www.yu.edu/genetichealth www.facebook.com/PJGHYU