

Guidelines for Those Davening at Home

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The following guide is meant to serve as a guide for Teffila for those who will be at home over course of Rosh Hashana. Local times referenced below can be found at ou.org/zmanim.

Times below in [brackets] refer to times that can be found on ou.org/zmanim or any reliable local calendar

Erev Yom Kippur

- Weekday Mincha includes Vidui which can be found in the Yom Kippur Machzor.
- The seudah hamfsekes (pre-fast meal) should be eaten after Mincha.
- It is customary to bless one's children prior to Yom Kippur. The text can be found in the Machzor.
- Those who normally wear a tallis and/or kittel should do so when davening at home. The beracha on the tallis should be recited before accepting Yom Kippur.
- Those who recite Yizkor light a candle before Yom Kippur. Even those who don't recite Yizkor should have a 25-hour candle lit in their home so it can be used for Havdalah.
- Candle lighting should take place at [candle lighting], 18 minutes before [sundown/shkia]. The beracha should conclude **להדליק נר של יום הכפורים**.
- There is a mitzvah of tosefes Yom Kippur which means that one should accept Yom Kippur and observe all of the prohibitions of Yom Kippur prior to sundown. As such, even those who don't light candles should accept Yom Kippur at candle lighting.
- It is customary to recite Tefillah Zakah (found in the Machzor) as a means of accepting Yom Kippur.



General Yom Kippur Davening Instructions

- In each of the five tefillos (Ma'ariv, Shacharis, Musaf, Mincha and Neilah), Selichos are recited after the Silent Amidah. At Ma'ariv, it is a standalone Selichos and in the daytime, they are part of Chazaras HaShatz (Chazan's repetition). When one is without a minyan, the Selichos may be recited, omitting the paragraphs containing the Thirteen Attributes (ה' ה' א-ל רחום וחנון)—Most congregations only recite the Thirteen Attributes at Ma'ariv and Neilah).
- There is a tradition to recite Vidui ten times over the course of Yom Kippur: five during each silent Amidah and five during the Selichos that follow each Amidah. As such, one davening without a minyan should prioritize Vidui (at least Ashamnu) in choosing which parts of Selichos to recite.
- There are many beautiful piyutim that are recited in Chazaras HaShatz. These piyutim, together with their accompanying tunes may be recited when davening without a minyan. Singing them or reciting them can greatly enhance one's Yom Kippur davening.

Yom Kippur Night

- Shehechyanu (traditionally recited at the end of Kol Nidre) should be recited before Ma'ariv.
- Ma'ariv for Yom Kippur with Vidui.
- Selichos may be recited (see general instructions above).
- Ma'ariv concludes with Avinu Malkeinu, L'David Mizmor, Aleinu, L'David HaShem Ori and Adon Olam.
- If Kerias Sh'ma was recited before nightfall [tzeis hakochavim], it should be repeated after nightfall.



Yom Kippur Day

Shacharis

- On Yom Kippur, the שיר של יום and אורי ה' לדוד are recited at the beginning of davening. Shir HaYichud and Shir HaKavod are omitted when davening without a minyan.
- Shir HaMa'alos is recited after Yishtabach.
- Birchos Kerias Sh'ma for weekday (המאיר לארץ).
- Shacharis Amidah for Yom Kippur with Vidui.
- Selichos, Vidui and piyutim from Chazaras HaShatz may be recited after the silent Amidah (see general instructions above).
- Avinu Malkeinu is recited at the conclusion of Shacharis.
- The Torah reading is Vayikra 16:1-34, the maftir is Bamidbar 29:7-11 and the haftarah is Yeshaya 57:14-58:14.
- Yizkor can be recited without a minyan. One should make sure to pledge money to tzedakah before reciting Yizkor.
- Av HaRachamim should be recited (even if one does not recite Yizkor) followed by Ashrei.

Mussaf

- Mussaf Amidah for Yom Kippur with Vidui. Mussaf should be recited before [the seventh hour]
- Selichos, Vidui and piyutim from Chazaras HaShatz may be recited after the silent Amidah (see general instructions above). One should make an effort to recite ונתנה תוקף.

Mincha

- Mincha should be recited sometime after [Mincha Gedolah] and leaving enough time to start Neilah before [shekiyah (sunset)].
- The Torah reading for Mincha is Vayikra 18:1-28 and the haftarah is Sefer Yonah.
- Mincha Amidah for Yom Kippur with Vidui. Mincha concludes with Avinu Malkeinu.

Ne'ilah

- Neilah must begin after [plag hamincha] and before [shekiyah].

- Neilah begins with Ashrei, U'Va L'Tzion followed by the Amidah. Please note the change in text of some of the insertions and the special text of Vidui.
- Selichos, Vidui and piyutim from Chazaras HaShatz may be recited after the silent Amidah (see general instructions above).
- Neilah concludes with a special Avinu Malkeinu followed by Sh'ma, Baruch Shem Kevod and HaShem Hu HaElokim.
- If one can blow shofar, the shofar should be blown [at least 20 minutes after shekiya]. If one cannot blow shofar, it is not required.

Motzaei Yom Kippur

- Weekday Amidah should be recited including Atah Chonantanu.
- Havdalah consists of three berachos: HaGafen, HaEsh and HaMavdil (no besamim). The beracha on fire can only be recited on a candle that was burning the entire Yom Kippur (נר ששבת). If one does not have such a candle, this beracha is omitted
- The fast ends at [see website or local calendar]
- Kiddush Levana is recited on Motzaei Yom Kippur.