

JSCREEN ANSWERS ALL YOUR QUESTIONS ABOUT GENETIC TESTING

WHAT?

At least 1 in every 3 people of Jewish descent is a carrier for a "Jewish" genetic disease. Being a carrier is very common! Carriers are healthy and do not have symptoms. Carrier couples have a 25% chance to have a child who is affected by the disease with each pregnancy.

WHY?

Carrier couples have reproductive options to help them have healthy children. If one knows their carrier status in advance, this can help prevent devastating genetic diseases from being passed on and they may alert family members to their risk.

WHO?

Anyone thinking about having children should get screened. This includes Ashkenazi, Sephardi, and Mizrahi Jews as well as those of mixed ethnic backgrounds.

WHEN?

The best time to get screened is *prior* to a pregnancy, and not just a first pregnancy. Make sure all testing is up-to-date, even between pregnancies, as panels are updated periodically.

HOW?

- Visit JScreen.org at any time, from anywhere to order a "spit kit" and have it shipped directly to your home.
- Spit in the tube and mail your sample to the testing laboratory in the pre-paid envelope.
- When results are ready in about 3-4 weeks, a certified genetic counselor will deliver them over the phone or by video teleconference.



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