

<b>J.C.A</b>	<b>Avrom Silver Jerusalem College for Adults</b> of the Seymour J. Abrams • Orthodox Union • Jerusalem World Center
<b>BackPage</b> <b>712</b>	<p>The Avrom Silver Jerusalem College for Adults - Dean, Rabbi Sholom Gold, is the educational component of the Seymour J. Abrams • Orthodox Union • Jerusalem World Center and incorporates all the classes &amp; lectures of the OU Israel Center.</p> <p>"Regular" IC classes &amp; lectures - 20₪ members, 25₪ non- members. Life members 5₪ No one will be turned away for inability to pay. Membership 250₪ couple, 180₪ single.</p> <p>Programs of the Center are partially funded by the Jewish Agency for Israel</p>

**Schedule for Erev Shabbat to Erev Shabbat, 30 Nissan - 7 Iyar (April 28 - May 5)**

**FRIDAY**

**עֶרֶב שַׁבָּת**

9:00am men & women	<b>Overview of Pirkei Avot</b> <b>Rabbi Chaim Eisen</b>
10:15- 11:30am separate seating	<p style="text-align: center;"><b>Nesivos Shalom on Avos and the Omer</b></p> <p style="text-align: center;">Join us as this contemporary chassidic classic (back of Vayikra and on the Mo'adim) brings this special season to life</p> <p style="text-align: center;">with <b>R' Yaacov Yisroel Bar-Chaiim</b></p>

**FRIDAY EVENING**

**ליל שַׁבָּת**

<b>"Early Shabbat Minyan"</b>
Mincha 15 mins. or so before Plag; Kabbalat Shabbat after Plag
<b>Erev Shabbat Tazri'a-M'tzora - R"Ch, Friday April 28</b>
Mincha will be <b>5:40pm</b> , Plag is 5:54pm, Kabbalat Shabbat, Maariv
Mincha: Ach-K'do 5:43 • Emor 5:47 • B&B 5:50 • Bamidbar 5:55pm

**SHABBAT DAY**

**שַׁבָּת קוֹדֵשׁ**

Tazri'a-M'tzora - Rosh Chodesh, April 29th, 5:00pm (Mincha at 6:00)
<b>Phil Chernofsky • Perek &amp; Parsha</b>

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# MOTZA"SH

מוצאי שבת

Motza"Sh Tazri'a-M'tzora, April 29th, 9:30pm SHARP

## Why is Living in Israel the Greatest Mitzva? (Even in times of danger)

**Rabbi Ephraim Sprecher**

**SUN-THU** in the *Ganchrow Beis Medrash* (first floor)

<b>10:00am</b>	<b>Masechet Kiddushin</b> with <b>Rabbi Pesach (Paul) Greenman</b>
<b>1:20pm</b>	<b>Mincha</b> (this time stays the same throughout the year)
<b>3:00pm</b>	Daf Yomi by <b>Rabbi Shmuel Halpern</b>
<b>4:30pm</b>	Shiur in מסכת סנהדרין by <b>Rabbi Hillel Ruvel</b>

# SUNDAY

N'SHEI LIBRARY 10:30-12:45

יום ראשון

9:30am women only	<i>Mystical Insights into the Months of the Year</i>	<b>Golda Warhaftig</b>
10:30am women only	<i>Let's Learn Chumash</i>	<b>Tonia Frohwein</b>
11:30am men/women	<b>PARSHAT HASHAYUA</b>	<b>Shprintzee Herskovits</b>

Sundays at 12:30pm • **Creative Life Education** • with **Aharon Romm**  
The Master Key to Living (not just Existing)

Sunday 7:30pm men & women	<b>Issues in Jewish Thought</b> as they emerge from the Torah with the help of Ramban's Commentary	<b>Rabbi Chaim Eisen</b>
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*Ezer Kenegdo Matchmaking* • Confidential ~ Sincere ~ Professional  
Office Hours: 1:30-9:30pm Sunday-Thursday • Call Ayalah Haas (02)566-6039 • [www.ezerkenegdo.com](http://www.ezerkenegdo.com)

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**Skippy Int'l** in conjunction with the Israel Center, presents

## "Health Through Fitness"

Whether you are in your 40s or your 80s, you can become wonderfully fit without joining a health club! Age is never a factor when one wants to improve their physical and mental well being.

Join us on for an evening filled with lots of sound advice and answers to a lot of misconceptions. Some of the topics of discussion:

- Why is it that in the Western industrial world the majority of middle age men and women raise the risk of heart disease and type 2 diabetes?
- Why has obesity rates tripled over the past 40 years for children and teenagers?
- Why is it that over 40% of the high school graduates flunk their IDF physical?

Guest speakers: Bella Mankowitz, Dr. Michael Finerman, Danny Simckes, Dr. Zvi Symon, Sid Skippy Marcus • Call 624-6920 for more info

*Change your lifestyle and become the person you should be*

**Sunday, April 30th, 7:30pm**

20/25ת

**MONDAY**

N'SHEI LIBRARY 10:00-12:30

**יום שני**

9:15am men & women	<b>YOM HAATZMA'UT</b>	<b>Rabbi Chanoch Yeres</b>
<b>On sale: Jewish Books for Adults and Children by Simcha Publishing • Mondays 10:00-12:00</b>		
10:30am men & women	<b>Rambam's 13 Principles</b>	<b>Rabbi Zev Leff</b>

**MON 11:35am: Jewish History Series by Dr. Henry Goldblum  
Herod in charge: Part 1 - An Uneasy Start**

**FIT FOREVER: LOOK & FEEL YOUR BEST!** Call Sura Faecher 993-2524  
**Exercise for women of all ages, Mondays 11:35-12:30pm**  
 Gentle exercises to improve flexibility, circulation, posture, etc. Breathing and relaxation skills to use every day.

	<p>Dr. Maurice E. Joseph</p> <p>Monday, May 1st, 12:30pm, in the Library (free) SOS</p>
	<p><b>"A Chosen Land For a Chosen People"</b></p> <p><b>Rabbi Chaim Eisen</b></p>

*Women's Beit Midrash* MON (and WED) 2:30-4:30pm

Acquire study skills and knowledge crucial to your life as a Jew - join us!  
will resume on Wed. May 17th & Mon. May 22nd

Symposium on  
**Zikaron and Atzma'ut**

7:54pm Ma'ariv

8:00pm **The State of Israel - Sacrifice and Prosperity**

Sefer Vayikra's View of Eretz Yisrael

**Rabbi Tsuriel Weiner**, Head of Bet Midrash Ra'ava

9:00pm Refreshments

9:15pm **A Psalm for Yom HaAtzma'ut - Tehilim 107**

a historical approach, accompanied by a VIDEO

**Rabbi Mendy Blank**

25₪ for members (30₪ non-members)

**Monday, May 1st - Leil Yom HaZikaron**

**Dr. Avivah Gottlieb Zornberg will resume IY"Y after Shavuot**

**MASK - Mothers & Fathers Aligned Saving Kids**

J'lem Chapter at the Israel Center • [www.maskjerusalem.cjb.net](http://www.maskjerusalem.cjb.net) • 050-754-2717

NEXT MEETING: Monday, May 8th, 7:30-9:30pm with Dr. Judy Belsky

Mondays, 8:30pm • AM SEGULA presents:

**"Curing the Jewish Heart" with Eli Yosef**

The History of the Zionist movement understood  
through the teachings of the Maharal of Prague

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**TUESDAY**

**יום שלישי**

**The Israel Center** and the **Old City Free Loan Association**  
16th year • over 4000 loans granted  
**Gemach - Free Loan Society**  
to provide interest-free loans for people in financial distress (living in the Jerusalem area).  
Interviews at the Center on Tuesdays from 10:00-12:00 and 19:00-20:30 • Please bring ID


Tuesdays, 9:00am  
**HAFTARA OF THE WEEK**  
and Yom HaAtzma'ut Reflections  
**Rabbi Aharon Adler**

Tuesdays, 10:15am  
**YOM HAATZMA'UT INSIGHTS**  
**Rabbi Yosef Wolicki**

11:00am M&W	<b>PARSHAT HASHAVUA</b> <b>Rabbi Eddie Abramson</b>
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12:00n women	<b>Review of the weekly Farbrengens of the Lubavitcher Rebbe</b>	<b>Raizel Zisk</b>
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**Tuesdays, 12:00-2:00pm • for women only • with Mrs. Esther Sutton**  
**Inspiration & Creation** A workshop combining stimulating  
Torah topics and sources, with internalization through our own creativity...  
"טעמו וראו כי טוב ה'..." Taste & see (experience) that HaShem is good...

	Tuesday, May 2nd, 12:30pm, in the Library (free) <b>"Yom HaZikaron Reflections"</b> <b>Rabbi Aharon Adler</b>
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TT folders: We will hopefully be ready to fold mid-morning of Tuesday

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The Israel Center will close at 2:00pm on Tuesday and reopen on Wednesday morning for Yom HaAtzmaut davening.

We extend to TTreaders the greetings recommended for Yom HaAtzmaut. It/they capture the essential, "healthy" attitude for the day - that it is both a day to thank G-d for and a day to pray to Him that the return of Jewish sovereignty to Eretz Yisrael and the continuing return of Jews to Eretz Yisrael are the harbingers of the Complete Redemption

מועדים לשמחה • לגאולה שלמה

WEDNESDAY

יום רביעי

Yom HaAtzma'ut 5766  
Wednesday, May 3rd, 8:15am  
**Festive Shacharit**  
Hosted by Rabbi Eddie Abramson & Phil Chernofsky  
Refreshments follow davening

The Center will close after Davening and Refreshments and reopen IY"H on Thursday morning

Yehonatan Ben Malka, 21 years in Prison for saving Jewish Lives • [www.JonathanPollard.org](http://www.JonathanPollard.org)

Let us hold him in our hearts and minds, pray for him continually, and seek ways to bring about his freedom

פדיון שבויים

**THURSDAY**

יום חמישי

**Shiur/Divrei Torah while you fold**

**IT'S BACK! JOIN US AT THE ART WORKSHOP**  
**THURSDAYS 10:00-12:00 • Call Rachael @ (02) 627-1577**

THU 11:00-12:50 **On Enigmas and Parables**  
with **Dr. Hayim Abramson**

**Appeasement Process Update**

**Join a task force with one purpose in mind:**

To influence public opinion to stop the implementation of Olmert's retreat plan...  
as a danger to Jerusalem, to the coastal region and all of Israel.

**Background Discussion:**

What psychological warfare technique does Olmert plan to use to carry out his  
retreat policies and what can be done to cope and counter such manipulation?

Facilitator: **David Bedein, MSW**  
Investigative Journalist [[www.ibtn.co.il](http://www.ibtn.co.il)]

**Thursday, May 4th, 8:00pm**

**FRIDAY**

ערב שבת

9:00am  
men &  
women

**Overview of Pirkei Avot**  
**Rabbi Chaim Eisen**

10:15-  
11:30am  
separate  
seating

**Nesivos Shalom on Avos and the Omer**

Join us as this contemporary chassidic classic  
(back of Vayikra and on the Mo'adim)  
brings this special season to life

with **R' Yaacov Yisroel Bar-Chaiim**

# UPCOMING AT THE ISRAEL CENTER

**NLP**  
*Jerusalem*

## "Profiting from Criticism"

Do you get hurt whenever someone criticises you?

Does it damage your relationships with people?

Learn how to take the sting out of their words  
while retaining positive learnings for self-improvement

A seminar with Shlomo Kory Sunday May 7th, 8:00

The First in a series of seminars presenting...

## *Unique Tools for Unique Times*

Mapping Out Your Inner Ecology

**Monday, May 8  
8:00pm**

A workshop in which you will learn how to push aside the veils which prevent you from taking possession of your inner world. We make use of meditative exercises that bring self-awareness and put you in touch with your Higher Self. This tool will enable you to experience the creative area used by innovators in all fields, and to "take pride in your continual spiritual victories to the end of your life," in the words of Rabbi Kalonymous Kalman Shapira, the Rebbe of Piaszener זצ"ל • Facilitated by **Yaakov Branfman**

**COME JOIN SIMCHA FRIEDMAN** as he reveals the underlying meanings and secrets hidden within the text of the Torah through his book,  
"Making Torah Yours" (Gefen Publishing House)

*"...a source of Torah insights in a light, informative and entertaining manner." - Rabbi Zev Leff*

**Tuesday, May 9th at 8:00pm**

## **An Overview of the Laws of Ritual Purity** by *Catriel*

For most people, the laws of purity and impurity ordained in Vayikra and Bamidbar, elucidated in the Mishna and codified by the Rambam are a total mystery... Can these seemingly arcane Torah laws be made comprehensible...? Communicating his knowledge in a highly effective way, Catriel Sugarman, noted lecturer on Mikdash-related subjects, has done virtually the impossible; he has brought an extremely complex and potentially boring subject to life! In a lavishly illustrated hour-and-a-quarter PowerPoint lecture replete with diagrams and pictures, Catriel walks the viewer through the intricacies of these complicated Halachot... Catriel concludes his presentation by suggesting a fascinating rationale as to why these Chukim were ordained.

**Thursday, May 18th, 8:00pm**

Available for speaking engagements, Catriel may be reached at [acatriel@netvision.net.il](mailto:acatriel@netvision.net.il)