



THE TRAVEL DESK for making reservations and receiving info of Israel Center tiyulim. And, to help you - whether you live in Israel or are visiting - plan private tiyulim and make in-Israel travel arrangements. At your service 9:00am-1:00pm, Sundays to Thursdays. Call the Israel Center Travel Desk, 566-7787 ext. 244; fax: 566-0156 • tiyul@israelcenter.co.il

LUNCH? When a tiyul says "bring your own lunch", you can order one instead from the Israel Center Cafe. When you make your reservation for the tiyul, request a box lunch, or call the CAFE (ext. 257) up to the day before the TIYUL. 18₪ will get you a sandwich (your choice), a refreshing drink (regular or diet) and a dessert. Your lunch will be ready for you when you board the bus.

CANCELLATION POLICIES We reserve the right to charge a cancellation fee in case of last-minute cancellations. Also... Price of tiyul is based on a minimum number of participants.

Students from Abroad Parents visiting you some time this year? If so, you want to speak to us! (566-7787 ext. 244). We have many attractive deals for them... and you. Let us turn an ordinary "been there, did it" visit into an unforgettable, special one!

KASHRUT POLICY Food for Israel Center In-House programs is supervised by -in-Israel - Mehadrin. Israel Center sponsored trips and programs are Mehadrin. Hotels, restaurants, and tiyulim advertised by the Travel Desk or by outside parties are not necessarily Mehadrin and are not endorsed by the OU or the Israel Center.

Calls from abroad: People from abroad should fax 972-2-5660156 for the attention of The Travel Desk or email to tiyul@israelcenter.co.il

Israel Center tiyulim are partially subsidized by the Jewish Agency for Israel

Power! Electric Power - How it gets to you (us!)

Wednesday, Oct. 27, 08:00-17:00

Guide: **Shalom Pollack**

- ☎ See the amazing power plant in Ashkelon
- ☎ Bet Guvrin: recently uncovered Roman Amphitheater and Bell Caves
- ☎ Ashkelon National Park & Antiquities: impressive Roman remains and Ashkelon, one of the ancient Philistine cities
- ☎ Kastel: Dramatic Hilltop Battlesite & memorial in the Jerusalem corridor 1948 - gripping historical description

Bring lunch and drinks

125nis/140nis • advance registration required

Shulamit's Tiyulim are always treats. Come! You will surely enjoy her delicious sweets!

↓ TRAVEL DESK SPECIALS ↓

For reservations at the hotels listed below or any other Israeli hotels, please call the Travel Desk 566 7787, ext. 244.

Havat HaBaron valid Oct. 22-23, 29-30
SHABBAT 970₪ per couple, F/B

Dan Pamorama, Jerusalem
valid October 29-30
SHABBAT 1070₪ per couple, F/B

Neptune, Eilat valid Oct. 24-26
MIDWEEK 299₪ per couple, per night, B/B

Galei Kineret, Tiberias
valid Oct. 23-29
900₪ per couple, per night, H/B

Daniel, Herzliya valid Oct. 23-29
800₪ per couple, per night, B/B

Renaissance Tel Aviv
valid Oct. 24-28
Ask about our Special Mazal Tov Package
790₪ per couple, per night, B/B

Le Meridien, Dead Sea
valid Oct. 24-28, Oct. 31 - Nov. 4
Special programs for seniors
949₪ per couple, per night, H/B

David Citadel, Jerusalem
valid until November 30th 3-night minimum
1000₪ per couple, per night, B/B

B/B = Bed & Breakfast • H/B = Half Board (breakfast + one meal)
• F/B (3 meals a day)

Midweek = SUN, MON, TUE, WED nights

Weekends = THU, FRI, Motza"Sh nights (some, not all hotels)

Please note: Hotels are sometimes booked by the time you respond to the deals on this page. Or sometimes they make last minute changes in their deals. It is frustrating to both you & us. We ask for your understanding. We will do our best to help out.

The Back Page of TT639

The Avrom Silver Jerusalem College for Adults is the educational component of the Seymour J. Abrams • Orthodox Union • Jerusalem World Center and incorporates all the classes & lectures of the OU Israel Center. "Regular" classes & lectures - 20NIS members, 25NIS non-members. Life members, 5NIS (except for programs of/with other organizations). No one will be turned away for inability to pay. Membership 250NIS couple, 180NIS single. Programs of the Center are partially funded by the Jewish Agency for Israel

Schedule for Erev Shabbat to Erev Shabbat (Fri-Fri), 7-14 Marcheshvan (Oct. 22-29)

Friday

9:00am: (men & women) Overview of Pirkei Avot with Rabbi Chaim Eisen

Shabbat Day

Shabbat Afternoon Shiur, 3:15pm, Mincha at 4:15pm, minyan permitting - LECH

LECHA with Rabbi Binyamin Wolff

Motzaei Shabbat

Motza'ei Shabbat Lech Lecha, October 23, 8:30pm

Is there a bracha for the mitzva of living in Eretz Yisrael? Is there a SHE'HECHEYANU

for the first rain? The What, Why, Where, When of all types of Brachot shiur by Rabbi

Ephraim Sprecher

SUN-THU

 in the Ganchrow Beis Medrash (first floor)

Hopefully, there will be a shiur in the morning in the Beis Medrash in the near future. Keep watching this space for details

1:20pm Mincha (this time stays the same throughout the year)

3:00pm Daf Yomi by Rabbi Shmuel Halpern

4:30pm Shiur in Masechet Sanhedrin by Rabbi Hillel Ruvel

5:30pm Maariv (at this time until end of January '05)

Sunday

N'SHEI LIBRARY - 10:30-12:45

9:30am (women) Mystical Insights into the Months of the Year with Golda Warhaftig

10:30am (women) Let's Learn Chumash with Tonia Frohwein

11:30am (M&W) Parshat HaShavua with ShprintzeeHerskovits

Sundays, 5:20-7:20pm - Pri Chadash Women's Writing Workshop with Ruth Fogelman (628-7359) & Mindy Aber Barad (643-5276)

7:30pm (men & women) Issues in Jewish Thought as they emerges from the Torah with the help of Ramban's Commentary - Now studying: The Early Generations & Bnei HaElohim - Who are they? with Rabbi Chaim Eisen

The Judith M. Yellin Memorial Lecture

10th yearzeit: Hearing & Seeing: The Future of the Jewish State and the Conflict with Western Civilization, Guest speaker: Rabbi Natan Lopes-Cardozo; Sunday, October 24th, '04 at 8:00pm at the Israel Center

Aliya LaKever, Har HaMenuchot, Sun. 9 Cheshvan (OCT. 24), parking lot 3:30pm

Monday

N'SHEI LIBRARY - 10:00-12:30

9:15am (men & women) Excursions into the World of Nevi'im with Mrs. Pearl Borow

10:30am (men & women) Rambam's 13 Principles with Rabbi Zev Leff

11:35am (men & women) Jewish History series: 351CE: In Eretz Yisrael - The Revolt against Gallus with Dr. Henry Goldblum

Fit Forever: Look & Feel your Best! Exercise for women of all ages, Mondays 11:35-12:35pm, Gentle exercises to improve flexibility, circulation, posture, etc. Breathing and relaxation skills to use every day.

Monday, Oct. 25th, 12:30pm, in the Library (free), Lunch and video, Parshat Vayeira (90 min.) by Dr. Avivah Gottlieb Zornberg

Women's Beit Midrash: Acquire study skills and knowledge crucial to your life as a Jew - join us! Guided Chavruta study with Pearl Borow, Shmirat Shabbat K'hilchata - Phil Chernofsky

MON 8:30pm • AM SEGULA "Curing the Jewish Heart" lecture series with Eli Yosef

Monday, October 25th, 8:00pm: Live Demonstration of Therapeutic Jewish Hands-On Meditation Self-Control to transform anxiety, and also improve your praying. Also - Torah lesson on essential differences between eastern and Jewish meditation and exercise by Rabbi Legomsky, Director: www.IsraelTraumaCare.org and...The Jewish Mind Body Tune Up Exercise Super exercise with self-treatment tools developed by Dr. Avraham Gundle and Rabbi Legomsky Makes Tai Chi look like kid's stuff, and its Jewish!

MASK - Mothers & Fathers Aligned Saving Kids, J'lem Chapter at the OU Israel Center • www.maskjerusalem.cjb.net • 050-754-2717, NEXT MEETING: Monday, October 25th, 7:30-9:30pm

Tuesday

The Israel Center and the Old City Free Loan Association, 14th year • over 3000 loans granted, Gemach - Free Loan Society to provide interest-free loans for people in financial distress (living in the Jerusalem area). Interviews at the Center on Tuesdays from 10:00-12:00 • Please bring ID

Tuesdays, 9:00am • New series: The Meaning of Mitzvot with Rabbi Aharon Adler

Tuesdays, 10:15am • New series: The Parsha thru the Eyes of the Haftara with Rabbi Sholom Gold

9:00am & 9:55am: My Statutes and My Ordinances with Dr. Hayim Abramson

11:00am: Mitzvat Mezuzah with Dr. Hayim Abramson (in Hebrew)

10:50am: Parshat HaShavua with Rabbi Mordechai Spiegelman

11:45am (women) Review of the weekly Farbrengens of the Lubavitcher Rebbe with Raizel Zisk

Jewish Values Education Institute presents: Tuesdays, 12:00-1:30pm - Journeys and Journals, exploratory creative

writing inspired by the weekly Torah portion with Mrs. Esther Sutton freelance author, certified counselor, women only

Tuesday, Oct. 26, 12:30pm, in the Library (free), Lunch and Video, Did Yitzchak die on the Altar? Another look at the Akeida? - Rabbi David Derovan

The 10th RCRF Annual Citywide Commemoration of the Yahrzeit of Rachel Imeinu and the Fourth Anniversary of Jewish Mother's Day, Jerusalem Twining Ceremony, Monday, October 25, 7:30pm, at the Israel Center, 22 Keren HaYesod, Celebrate our Success in securing Kever Rachel's Borders and Actualizing our Dream of Beit Bnei Rachel on Derech Chaya Rachel so Rachel's "children shall return to their own borders" (Yirmiyahu 31); Theme: Derech Chaya Rachel, Rachel was buried on the way to keep Klal Yisrael on the derech; Guest Speakers: Rabbi Meyer Fendel: Rachel Imeinu: Mother of Redemption, Rabbi Aba Waggensberg: Rachel Imeinu, Role Model for All • Entertainment by: Shlomo Katz Duo

(02) 581-8103, 20NIS per person, Sponsored by Rachel's Children Reclamation Foundation, POB 220 Valley Stream, NY 11582 718-648-2610 • haze@rcn.com, "Remember, A visit to Israel without going to Kever Rachel is like going home and not seeing your mother." — Evelyn Haies, Pres. RCRF

Wednesday

Wednesdays, 9:10am • Current Issues in Halacha: Please note dates: Next two sessions will be Oct. 27 and Nov. 3: Topic for Wednesday,: "Is Disengagement a Halachic Issue?" with Rabbi Macy Gordon

Wednesdays, 10:15am • New series: Parshat HaShavua with Rabbi Yosef Wolicki

Wednesday, October 20th, 11:45am (men & women): More Offbeat Chessed Projects with Jackie Lowenstein

Wed. October 27th, 12:30pm, in the Library (free), Lunch and Video: The Akeida - Man's Partnership with G-d by Rabbi Stewart Weiss

3:00pm (men & women) Women in Tanach with Pearl Borow

Women's Beit Midrash, Acquire study skills and knowledge crucial to your life as a Jew - join us! Guided Chavruta study with Pearl Borow

7:30pm (Men & Women) Jewish Philosophy, Rambam's Guide for the Perplexed - Now studying: The Enigma of Tum'a & Tahara with Rabbi Chaim Eisen

WED, 8-10pm: Aliya Counseling with Miriam Bass

Thursday

THU: Dvar Torah by Menachem Persoff

2:00pm: Shiur while you fold with Phil

Root & Branch Association in cooperation with the Jewish Values Education Institute of the Israel Center, Thursday, October 28th • 16:00-22:00

3rd Root & Branch Association Jerusalem Conference
Jerusalem Temple and Monarchy Conference

16:00: Restoring Ancient Israelite Customs for the Third Temple Era (Half Shekel, Ketoret/Incense, Biblical Weddings and Garments) by Mr. Reuven Prager [www.begedivri.com]

17:00: To be announced

18:00: To be announced

19:00: The Kehuna (Priesthood) Today and the "Cohen Gene" by Rabbi Yaakov Kleiman Center for Kohanim • Author, "DNA and Tradition"

20:00: The Family Life of Dovid HaMelech by Rabbi Menachem Slae

Info: rb@rb.org.il • NIS25 per person, members NIS20, students NIS10 for any or all lectures

8:00pm: Legends from the Gemara with Reb Yosef Schreiber

Friday

9:00am (men & women) Overview of Pirkei Avot with Rabbi Chaim Eisen

The Israel Center Board hereby expresses its appreciation to Aviva Nissim for her years of devotion to the Center and to her students as a volunteer member of our Faculty. We wish her the best in all her endeavors and hope to see her back at the Center in the future

Upcoming at the Israel Center

Motza"Sh Vayeira, .Oct. 30th, 8:30pm: Chessed and Gevura, The Divine Right and the Human Left, Shiur by Rabbi Yaakov Moshe Poupko

Monday, November 1st, 8:00pm: KISS your fears, anxieties, sadness, physical pains, and overeating/smoking and other addiction behaviors GOODBYE! AND, IMPROVE marital communication or find your match! Also -- Registration tonight for Practitioner Training Course! Practical Emotional Freedom Techniques demonstration by Rabbi Legomsky, AMT Licensed Trainer Director, www.IsraelTraumaCare.org, Immediate results - this is not talking psychology!

HMS has taken thousands of students to Poland and given them a glimpse into their past and origins - NOW IT'S OUR TURN, Heritage Moreshet Seminars in cooperation with the Israel Center is organizing an Adult Seminar in Poland and Prague* (Optional), Visits to Personalized Family Roots Sources in Poland are arranged as an integral part of the seminar, Call Michael Berl or Ilana Botnick(02) 582-0231 if you're interested, Target time for our group: 5-7 days, end of Feb. beginning of March, Heritage Moreshet Seminars are unique educational experiences which study Jewish ancestral roots, research the sources of Jewish life in Poland and Eastern Europe and identify with our heritage

Announcing... Mother & Daughter Bat Mitzva Program: 12 weekly sessions, Monday, 7:30-8:30pm, beginning November 1, Led by Mrs. Pearl Borow, For further details and to register, call Mrs. Borow(02) 671-3567

Support Group for Step-Mothers (possible separate group for step-fathers) is scheduled to begin on Wednesday, November 3rd, at the Israel Center. The group will be facilitated by Devorah Saslow Weinberger, Supervised by Dr. Michael Tobin,

With the approval and participation of Rabbi Zev Leff, Call
(02) 651-9216 for details

Investment Seminars at the Israel Center featuring
award-winning financial educator, Mark van Gelderen

Sunday, October 31, 7:30pm: The Israeli Tax reforms updated
and how to legally minimize tax exposure, The Israeli Tax
reforms: is this it?, A leading tax accountant will answer your
most commonly asked questions, Review strategies for
minimizing difficulties and get a complete overview of all the
changes and their implications, Leon Harris, Tax Partner at
Ernst & Young, and Mark van Gelderen

Monday, November 1, 7:30pm: Outstanding investments for
difficult times - in Israel, and world wide, The world's best
savings instruments, right here in Israel, What is the story with
the local stock and funds market?, Capital Protected
investments so you have nice upside with little or no downside
risk., Investments earning several times the bond rate but with
lower volatility!, Relatively low risk investments that are doing
7-15% even in these difficult times., Moshe Jonas from Moritz
and Tuchler, Mark & Staff

Tuesday, November 2, 7:30pm: The Ultimate Israeli Real
Estate Investment, Acquire your own piece of the land of Israel,
Little or no management required, Expected returns of over
5-10 times your investment, Attractive prices available before
rezoning, Minimum investment of under \$20,000, Brent
Labinsky and Mark van Gelderen

20NIS per class, 3 classes for 40NIS, Call the Financial
Resource Network for details: (02) 622-3065 • 054-769-2329,
052-893-3634, The Israel Center is not responsible for the
content or any outcome of these seminars

Life Center in cooperation with the Jewish Values Education
Institute of the Israel Center invites all parents to a
WORKSHOP led by Sherrie Miller, M.A. Educational Guidance
counselor: How to Talk So Kids Will Listen, 7 sessions; 2 hours
each to take place on Tuesdays, 7:30-9:30pm, 650NIS for an
individual, 1040NIS for a couple including VAT and materials.
Call (02) 563-6796 for further details and to register