



Conference on Teenagers

INTERACTIVE WORKSHOPS FOR PARENTS OF TEENAGERS ON STRENGTHENING PARENTING SKILLS



SUNDAY, APRIL 28, 2002
Hebrew Academy of Nassau County

215 Oak Street, Uniondale, NY

**Admission: \$18⁰⁰ per person or couple in advance,
 \$25⁰⁰ at the door, per person or couple**

Group child care will be available for ages 3-8 at no charge with advance registration only.
 Additional Parking arrangements have been made with Hofstra University
 Travel Directions: www.ou.org

For information and advance registration, please contact:

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PROGRAM SCHEDULE

8:45-9:25 AM Registration / Breakfast Buffet

9:30-10:30 AM Concurrent Workshops*

10:45-11:45 AM Concurrent Workshops*

12:00-12:45PM **Keynote Address: RABBI DR. TZVI HERSH WEINREB**
 EXECUTIVE VICE PRESIDENT, ORTHODOX UNION

12:45-1:30 PM **Parent Talk - Question & Answer Session**
 AN OPEN FORUM WITH WORKSHOP PRESENTERS

CONCURRENT WORKSHOPS

*Workshops will be presented at 9:30 a.m. and repeated at 10:45 a.m.

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| 1. <i>The Sephardic Family: Facing the Challenges of Raising First Generation American Teenagers</i> | MANSOUR BANILIVY, Ph.D. |
| 2. <i>Oppositional Behavior</i> | NORMAN BLUMENTHAL, Ph.D. |
| 3. <i>Responding to Anger in Your Teenager</i> | SUSAN BUCHWEITZ, M.S.W. |
| 4. <i>Improving Self-Esteem</i> | ROCHELLE HARARY, M.S. |
| 5. <i>How to Avoid Religious Conflict Between Parents and Teens</i> | RABBI DAVID KAMINETSKY |
| 6. <i>Drug and Alcohol Use In Our Community: How to Be Part of the Solution and Not Part of the Problem</i> | JOSHUA LAMM, M.D. |
| 7. <i>How Parents Can Promote Teenage Autonomy and Responsibility</i> | RONA NOVICK, Ph.D. |
| 8. <i>As the Hormones Kick In ...</i> | RACHEL PILL, C.S.W. |
| 9. <i>Instilling Values in Our Teenagers</i> | KATHY ROSENTHAL, C.S.W. & LEAH TOPEK |
| 10. <i>Eating Disorders, Body Image & Relationships</i> | IRA M. SACKER, MD |
| 11. <i>From Chaos to Calm: Enhancing Parent Teen Communication</i> | MERRILL WEINER, A.C.S.W. |



F-E-G-S

The Positive Jewish Parenting Program of the Orthodox Union is sponsored in part through a grant from the Goldstein Family and Parkside Memorial Chapels

PARKSIDE
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This conference is being held in conjunction with the Rabbinical Council of America (RCA), and F-E-G-S, with the support and encouragement of the International Association of Orthodox Mental Health Professionals (NEFESH), and Torah-Viable Alternatives (TOVA), an organization providing individualized intervention for teens in local yeshivot on Long Island. An Orthodox Union community project, coordinated by the Department of Community and Synagogue Services. Orthodox Union, Eleven Broadway • New York, NY 10004
For information on a speaker or program in your community, call Frank Buchweitz, Director of Special Projects at 212.613.8188