

BIOGRAPHICAL SKETCHES OF PRESENTERS

KEYNOTE: Rabbi Dr. Tzvi Hersh Weinreb

A noted Rav, psychologist, and orator, Dr. Weinreb received his rabbinic ordination from the Rabbi Jacob Joseph School, a Masters degree in psychology from the New School for Social Research, and a Ph.D. from the University of Maryland. Dr. Weinreb served as assistant supervisor of psychological services for the Prince George's County Public Schools, chief psychologist of the Potomac Foundation for Mental Health, and maintained a private practice of psychotherapy. Rabbi Dr. Weinreb is the newly appointed Executive Vice President of the Orthodox Union and was the spiritual leader of Congregation Shomrei Eemunah of Baltimore, Maryland, for the past thirteen years.

Norman Blumenthal, Ph.D.

Dr. Norman Blumenthal is a clinical psychologist in private practice in Hewlett, New York, specializing in adolescent and group therapy. Dr. Blumenthal is the coordinator of group psychotherapy training for psychiatric residents and psychology interns at Long Island Jewish Medical Center. He received his MA and Doctorate from Adelphi University.

Susan Buchweitz, C.S.W.

Susan Buchweitz is the Clinical Director of the Birchwood School, a special education school in the Clarkstown school district. Mrs. Buchweitz received her Masters in social work from Colombia University, and Post Masters from Hunter and New Paltz in Psychoanalytic Psychotherapy and school administration. She maintains a private practice specializing in children, teenagers, and family issues. Mrs. Buchweitz has published many articles, and has presented at conferences throughout the country.

Peter Goldenthal, Ph.D., ABPP

Dr. Peter Goldenthal is Clinical Assistant Professor of Psychiatry and Human Behavior, Jefferson Medical College, Philadelphia. He has spent two decades as a practicing family psychologist. The acclaimed author of *Beyond Sibling Rivalry*, Dr. Goldenthal has been featured on *The Today Show* and frequently presents workshops on family relationship issues.

Rochelle Harary, M.S.

Rochelle Harary is a licensed school psychologist and play therapist with advanced training in cognitive and projective assessment. Mrs. Harary has a private practice in New York City and conducts extensive hands-on workshops throughout the Greater New York area.

Marilyn Kotcher, C.S.W.

Marilyn Kotcher is the Director of the Child and Adolescent Evaluation Service of New York Presbyterian Hospital, Weill Cornell Medical Center, a member of the volunteer faculty staff of Cornell Medical College, and a former staff member of Renfrew Women's Mental Health Center. She has worked over two decades with families, children, adolescents, and adults who are struggling with anxiety, depression, and eating disorders. Ms. Kotcher also maintains a private practice in Pomona, New York.

Jeffrey Lichtman, Ph.D.

Dr. Lichtman is National Director of the National Jewish Council for the Disabled (YACHAD) and adjunct Assistant Professor at the City University of New York. Dr. Lichtman is a member of the State Advisory Committee of the New Jersey Commissioner of Education and consultant to schools and agencies.

Rona Novick, Ph.D.

Dr. Novick is Senior Psychologist in the division of Adolescent Psychiatry at the North Shore-Long Island Jewish Health System, and is a member of the faculty of the Albert Einstein College of Medicine. She is also in private practice on Long Island.

David Pelcovitz, Ph.D.

Dr. Pelcovitz is the Chief Child and Adolescent Psychologist at North Shore University Hospital/ NYU School of Medicine and clinical professor of psychology at NYU School of Medicine. He also teaches pastoral psychology courses for the Semicha program at Yeshiva University.



ORTHOODOX UNION
Eleven Broadway
New York, NY 10004
212.613.8226
FAX 212.613.0667
www.ou.org

PARKSIDE
MEMORIAL CHAPELS, INC.

The Positive Jewish Parenting Program of the Orthodox Union is sponsored in part through a grant from the Goldstein Family and Parkside Memorial Chapels

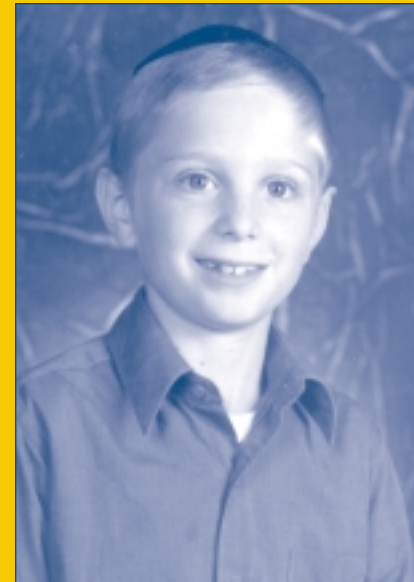
F·E·G·S

This conference is being held in conjunction with the **Rabbinical Council of America (RCA)**, and **FE·G·S**, with the support and encouragement of the **International Association of Orthodox Mental Health Professionals (NEFESH)**. An **Orthodox Union** community project, coordinated by the Department of Community and Synagogue Services. For information on a program in your community, call Frank Buchweitz, *Director of Special Projects* at 212.613.8188.

GIVING THE MOST TO OUR CHILDREN AND GETTING THE MOST OUT OF BEING A PARENT

The Orthodox Union cordially invites the entire Jewish Community to a program on

POSITIVE JEWISH PARENTING



AN INTERACTIVE CONFERENCE FOR PARENTS

On Strengthening Practical Parenting Skills

*ENJOY AN EVENING OF USEFUL ADVICE, IDEAS,
SUGGESTIONS AND POINTERS FROM LEADING
EXPERTS IN THE FIELD AND IN OUR COMMUNITY*

מוצשׁ ״, Motzoai Shabbos
November 2, 2002

7:00pm –11:00pm
Sessions begin promptly at 7:30pm

70 Highview Road, Monsey, NY



A program of the Department of Community and Synagogue Services of the Orthodox Union



POSITIVE JEWISH PARENTING AN INTERACTIVE CONFERENCE

With workshops on
Strengthening Parenting Skills

PROGRAM SCHEDULE

7:00-7:25 pm	Registration / Refreshments
7:30-8:30 pm	Concurrent Workshops—Session One
8:40-9:40 pm	Concurrent Workshops—Session Two
9:50-11:00 pm	KEYNOTE ADDRESS: Rabbi Dr. Tzvi Hersh Weinreb, <i>Executive Vice President, Orthodox Union</i>
	PARENT TALK: Question and Answer Session with Rabbi Weinreb and a Panel of Workshop Presenters



KEYNOTE ADDRESS

Rabbi Dr. Tzvi Hersh Weinreb,
*Executive Vice President,
Orthodox Union*

WORKSHOPS

Please select one workshop for each time slot. Workshops listed below will be presented at 7:30 p.m. and repeated at 8:40 p.m.

Setting Limits for Our Children: What Do We Allow? What Do We Forbid?

Dr. Norman Blumenthal

In this age of boundless opportunities and information, the issue of how and when to draw the line becomes all the more important. The topic of setting limits will be discussed from the vantage point of the child's needs and development within the context of the yeshiva and Orthodox community.

Responding to Anger in Children

Susan Buchweitz C.S.W.

Anger is a normal expression of childhood. How we as parents help our children express their feelings constructively is critical. This workshop will help parents understand the dynamics of anger in children and provide concrete strategies and suggestions.

Beyond Sibling Rivalry: How to Help Your Children Become Cooperative, Caring and Compassionate

Dr. Peter Goldenthal

A widely acclaimed author, Dr. Goldenthal gets away from the common view that sibling relationships are inevitably difficult and practically impossible to improve. He will provide new insights and strategies for parents and siblings to successfully interact with each other.

Oppositional Behavior

Rochelle Harary, M.S.

A very challenging time for both parents and children. What causes a child to be oppositional/difficult at times? What preventative measures and approaches can be taken that will be most helpful?

It's Not What You're Eating...But What's Eating You

Marilyn Kotcher, C.S.W.

Mrs. Kotcher will address behavioral thinking leading to eating disorders and how to prevent eating disorders. An overview of the various types of eating disorders, identification signs and symptoms for parents and teachers will be presented.

Maximizing Your Child's Potential: The Gifted, The Average, The Challenged

Dr. Jeffrey Lichtman

How parents and schools can work together implementing activities and programs that are creative, exciting, and motivational, while identifying and addressing each child's unique qualities and potential.

Will the Real Student Please Stand Up: Getting Children to Do Their Own Work

Dr. Rona Novick

Everyone complains about homework, projects, and testing – is it too much, too little, too often? Who is supposed to be doing the homework, the parent or the child? "I don't understand what to do." and "Help." are frequent refrains. This workshop will explore what role parents play at various ages/stages.

The Impact of Television, the Internet, Computer Games, and Other Societal Influences

Dr. David Pelcovitz

Our children are exposed at ever earlier ages to a wide variety of influences. How should we view these activities, how can we monitor them, and what guidelines can we follow?

ADMISSION

\$18 per person in advance
\$25 per person at the door

For information and advance registration, please contact:

Rena Katz
845.354.7703

Toni Nayowitz
845.354.6033

Committee Members

Debbie Berger
Dr. Martin Gewirtz
Felise Katz
Rena Katz
Bruce Klein
Liz Muschel
Toni Neyowitz
Gila Zelinger

Conference Participation is Encouraged by:

Ahavat Yisrael of Wesley Hills
Community Synagogue
of Monsey
Congregation Bais Torah
Congregation Ohaiv Yisroel
Hadar Congregation
Kehillas Bais Yehuda
Kehillat New Hempstead
Young Israel of Monsey
and Wesley Hills